

HISTORY1. Mother's health during pregnancy

- Planned pregnancy? Y/N Mother's age when child was born? _____
- Mother's health? _____
- Medications/alcohol/caffeine/tobacco? _____

2. Delivery

- Gestational age? _____ Birth weight? _____
- Birth complications? Y/N _____ Fetal distress? Y/N _____
- APGAR score 1 minute? _____ At 5 minutes? _____ Time in NICU? Y/N _____

3. Infant's health

- Was baby nursed? Y/N If yes, when was (s)he weaned? _____
- Any feeding problems? Y/N _____
- Jaundice? Y/N Colic? Y/N Health problems? _____
- Easy or difficult baby (schedule/crying)? _____
- Sociability? _____ Activity level? _____

4. Milestones – the age at which your child:

Smiled? _____ Sat without support? _____ Crawled? _____ Walked? _____
 Spoke first words? (other than mama/dada) _____ Used phrases/sentences? _____
 Child's first language? _____ Other languages? _____
 Prior physical/occupational/speech therapy? _____
 Age of toilet training: Bladder? _____ Bowel? _____ Level of difficulty? _____

5. Health

Pediatrician: _____

Specialists: _____

- Overall health? _____ Hearing? _____ Vision? _____ Colorblind? Y/N
- Fine motor coordination (writing/tying/using scissors)? _____
- Gross motor coordination (running/walking/sports)? _____

- d. What exercise does your child get? _____
- e. Is child clumsy accident prone? Y/N Frequent ear infections? Y/N _____
- f. Childhood illnesses? _____
 Seizures? Y/N Loss of consciousness? Y/N Broken bones? Y/N
 Stitches? Y/N Poisoning? Y/N Head injury/TBI? Y/N Surgery? Y/N
 Please explain: _____
- g. Puberty status? _____
- h. Alcohol or drug use? _____ Level of certainty? _____
- i. Sleeping problems Y/N? _____ Snoring? Y/N Frequent nightmares? Y/N
- j. Where does child sleep? _____ Time screens go off: _____
- k. Weekday bedtime? _____ Wake up? _____ Weekend bedtime? _____ Wake up? _____
- l. Current medications? _____ Past meds? _____
- m. Who prescribes? _____
- n. Sensory hypersensitivities, past or present (please circle):
 Tactile (sticky stuff, labels, itchy clothes, sock seams, waistbands)? Light?
 Loud sounds? Quiet sounds? Smells? Food textures? Other? _____
- o. Are there issues with food? Y/N _____
- p. Current height : _____ Current weight: _____

6. School history of child (name of school and child's performance)

- a. Preschool: _____
- b. Elementary school: _____
- c. Middle school: _____
- d. High school: _____
- e. Best subject(s)? _____ Worst subject(s)? _____
- f. Does your child have a 504/IEP? Y/N If so, what accommodations/services does (s)he receive? _____
- g. What accommodations/ service would you like him/her to receive? _____

- h. Does (s)he have a tutor/educational therapist? Y/N If yes, who and how often?

7. Family constellation and quality of relationships

Married/ Divorced/ Separated/ Widowed? _____ Length of relationship? _____

Quality of relationship: _____

Other children? If so, please indicate names, ages and your child's relationship with each:

Local family members? _____

Disciplinary practices used at home? _____

Time spent with child each day? _____ Atmosphere at home: _____

Hours of TV/week? _____ Video games? _____ Which ones: _____

Does (s) have a cellphone? Y/N TV in his/her room? Y/N Computer with internet? Y/N

Child's household responsibilities? _____

Does (s) need prompts? Y/N Does (s)he cooperate? Y/N Do a good job? Y/N

8. Social functioning

How's your child's social life? _____

What does (s)he like to do? _____

(For teens) Does (s)he drive? _____ Work? _____

9. Psychiatric history of child

a. Traumas/major events in your child's life: _____

b. Has (s)he had psychotherapy? Y/N If yes, when and with whom?

10. Parents' Educational/Work

Mother's education: _____

Father's education: _____

Parents' type of work? _____

11. Family handedness (left, right or ambidextrous)

Child? _____ Siblings? _____

Father? _____ Father's parents? _____ Father's Siblings? _____

Mother? _____ Mother's parents? _____ Mothers Siblings? _____

12. Extended family (close relatives) medical history

Paternal _____

Maternal _____

13. Extended family psychiatric history - Close relatives with diagnosed or undiagnosed:

a. Aggression problems? _____

b. Attention problems? _____

c. Learning disabilities? _____

d. Psychosis/schizophrenia? _____

e. Physical sexual abuse? _____

f. Substance-abuse? _____

g. Tics/Tourette Syndrome? _____

h. Depression? _____

i. Anxiety? _____

j. Obsessions/Compulsions? _____

k. Eating Disorder? _____

l. Intellectual disability ("Mental Retardation")? _____

m. Bipolar disorder ("Manic Depression")? _____

n. Autism Spectrum/Asperger's Disorder? _____

o. Genetic disorder? _____

p. Personality disorder? _____

14. Supplementary information - anything else you want to include? _____
