

INITIAL HISTORY FOR DEPENDENT, 18 YEARS +

Name of Patient: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Person filling out this form: \_\_\_\_\_

Who referred you? \_\_\_\_\_

Presenting problem(s)/concerns

Other issues/concerns

Goals of this consultation

What are your child's strengths?



5. Health

Physician: \_\_\_\_\_

Date of last comprehensive physical exam \_\_\_\_\_

a. overall health

b. hearing and vision

Is (s)he colorblind?

When was your child's last vision test? Who administered it?

c. fine motor coordination (writing/tying)

Does your child type/touch type?

d. gross motor coordination (running/walking/sports)

Is your child clumsy? Accident prone?

d. childhood illnesses/treatment

f. frequency/intensity of ear infections?

strep throat?

g. high fevers/seizures/loss of consciousness/stitches/broken bones/poisoning/head injury

h. puberty status (girls age at first menses; boys voice change)

i. surgery

general anesthesia for any other reason?

j. alcohol or drug use

k. sleeping problems?

Snoring?

Where does your child sleep?

l. medications (past and present)

m. Is/Was your child hypersensitive to tactile sensations (mud, clothing labels, wool clothes, sock seams), light, sound?

n. appetite control problems?

What does s/he eat?

Current height

Current weight

7. School history of child (academic, social, performance. Include school names)

a. preschool - \_\_\_\_\_

b. elementary school - \_\_\_\_\_

c. junior high school - \_\_\_\_\_

d. high-school - \_\_\_\_\_

d. college - \_\_\_\_\_

e. tutors/educational therapists – Who? When? For what subjects?

f. Special education accommodations

Past:

Current:

Desired:

8. Family constellation and quality of relationships

Parents are Married/Divorced/Separated/Widowed

Length of relationship                      Quality?                      Ever separated?

Previous marriages

Other children? How many? What ages?

Relationship between child in question and his/her siblings

Disciplinary practices and their effectiveness

Atmosphere of the childhood home

9. Social functioning

How's your child's social life?

How does your child prefer to spend his/her days?

9 Psychiatric history of child

- a. psychotherapy – when and with whom?
- b. traumas or major events in your child's life.
- c. Psychiatric hospitalizations – when and where?

10. Parents' educational achievements

Mother:

Father:

Parents' type of work?

11. Handedness (left, right or ambidextrous)

of child? at what age did emerge? of siblings? of father? of mother?

father's parents and siblings?      mother's parents and siblings?

11. Extended family medical history:

12. Extended family psychiatric history - any **close relatives** have:

- a. aggression problems
- b. attention problems
- c. learning disabilities
- e. psychosis
- f. Physical/sexual abuse
- g. substance-abuse
- h. tics
- i. depression
- j. anxiety
- k. mental retardation
- l. obsessive thoughts
- m. compulsive behaviors
- n. bipolar disorder ("manic depression")
- o. genetic disorder
- p. autism/Asperger's Disorder

13. Supplementary information – anything else you want to include